



The Pipeline

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Capital Avenue Bridge to Get a Facelift

The Kentucky Transportation Cabinet is flying in to another highway repair project, and will fly back out as quick as they entered.



The Capital Avenue Bridge in Frankfort began receiving repairs on June 15. In order to lessen the impact on visitors and commuters to the Capitol, the Cabinet has required the contractor to "get in, get it done, and get out", says Secretary of Transportation James Codell. "We'll be completing the project in 16 days, rain or shine."

The contractor, Delong Concrete, closed the bridge at 6 p.m. on June 14 and is expected to have it reopened by midnight on Sunday, June 30. The Cabinet requested the work be completed within 16 days between June 15 and Aug. 15 before school resumes and excluding July 1-7. Liquidated damages of \$5,000 per day will be assessed for each day beyond the 16th day.

The bridge project, estimated at \$750,000, will include resurfacing the bridge, and repairing the sidewalks, joints of the bridge, and the piers. Work will be done on one-half of the bridge at a time to allow emergency vehicles to cross if necessary.

Detours during construction include Second Street, Lafayette Drive, or US-420 (Todd Street). The Capital Avenue Bridge was built in 1938. The deck was resurfaced in 1983 and the piers were refurbished in 1996.

Governor Briefs Cabinet on Employee Salary Increase and Directs No Layoffs

In a letter to his cabinet on Monday, June 17, Gov.

Patton communicated his intentions to submit a

spending plan, effective July 1, 2002, that will include a 2.7% salary increase for all state employees. In addition, the spending plan will not direct any layoffs.



"We are facing an unprecedented fiscal situation as a result of an impasse in the General Assembly that has resulted in both a regular session and special session adjourning without passage of the biennial budget," Patton said. "I must fulfill my obligation as Governor and you as managers to deliver important state services to the citizens of the Commonwealth. In addition, all state employees deserve to know the impact this impasse will have on their fiscal well-being."

The overall spending plan that Gov. Patton intends to submit will essentially be the same as the budget proposal he prepared for the April special session of the legislature. With few exceptions, including the 2.7% employee salary increase, that proposal passed both the House and the Senate.

Employees Can Help Save Cabinet Funds

With recent budget constraints plaguing all of Kentucky government, CFC Quality Central Connections is searching for employee suggestions to help save much needed Cabinet dollars. If you have an idea that could save our cabinet money, submit it to:

bobbie.walters@mail.state.ky.us



Ways to Prevent Sun Overexposure, Skin Damage for Children, Adults

The time for outside summer activities is here and with it the time to think smart about sun exposure for children and adults. The Cabinet for Health Services is offering some general guidelines and information for protecting the health of skin against overexposure to the sun.

When the sun's ultraviolet light rays enter the skin, they damage the skin cells, causing visible and invisible injuries. Sunburn is a visible type of damage and preventing it is extremely important. Repeated sunburns, especially in youth, increase the risk of skin cancer.

The sun's rays are strongest between the hours of 10 a.m. and 3 p.m. Planning outdoor activities early or late in the day is a good way to avoid sun exposure during these peak hours. Other ways of guarding against sun damage for children and adults include:

- staying out of the sun in the middle of the day;
- always using SPF 15 or higher sunblock on all exposed skin;
- applying sunblock about 30 minutes before sun exposure and reapplying frequently -- every 1 and a half hours, more often if swimming or heavily perspiring;
- wearing a broad-brimmed hat, sunglasses, and protective, tightly-woven clothing; and
- talking to friends and family about sun protection.

Infants under six months of age should be kept out of direct sun and covered by protective clothing. While children less

than six months should not have prolonged sun exposure, sunscreen should be used if this occurs. Sunscreen should be applied to children beginning at six months of age. Eighty percent of a person's lifetime sun damage occurs by the age of 18.

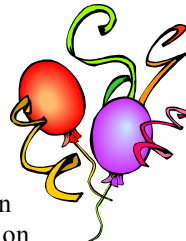
Excessive sun exposure can lead to damaged skin or even skin cancer, and one of the biggest factors may be the search for the perfect tan. Once the skin has a suntan, the sun damage has occurred and the skin tries to protect itself by crating a darker pigment to fight off the ultraviolet rays of the sun. It is estimated that 1.3 million Americans will develop some form of skin cancer each year. According to information from the American Cancer Society, there were an estimated 9,600 deaths last year from skin cancer, 7,700 from Melanoma and 1,900 from all other skin cancers.

Early detection of Melanoma, the deadliest skin cancer, is a key part of prevention and it is important to have regular skin screening. All moles or skin markings should be examined for changes in the number, size, shape and color of these markings. Melanoma is the most common cancer for women ages 25-29 and the second most common cancer for women age 30-34. About 900 Kentuckians will be diagnosed with Melanoma this year.

For more information visit the Centers for Disease Control's Cancer Prevention and Control sun protection website at <http://www.cdc.gov/ChooseYourCover/>

Retirement Reception

A retirement reception will be held in honor of Steve Jenkins on Monday, July 29 at 1 p.m. in the System Integrity Branch (large conference room) at 363-D Versailles Road.



The ABCs of EAL

"The ABCs of EAL" features tips that can help us improve our relationships with coworkers and our service to the families of Kentucky.



This week: M

Meetings that don't resolve anything task our demanding schedules. Put your next meeting in proper perspective by following these steps:

- determine the purpose of the meeting;
- decide who will play what role;
- develop an agenda;
- record results on a flip chart;
- plan the results and assign responsibility;
- evaluate the meeting and items to carry over to the next meeting.



Ishmael Receives Prize for Winning Entry



Carl Ishmael of OTS receives his prize for naming Secretary Miller's quarterly meetings with CFC Staff from Dean Crawford of Quality Central Connections. Ishmael's winning entry was CFC Connections. The book of his choice was *Learning Organizations: Developing Cultures for Tomorrow's Workplace*, edited by Sarita Chawla and John Renesch.